

Avery Evans

The Four-Way Test is what I use when I am making a decision. The Four-Way Test ask questions like is it the truth? Is it fair to all concerned? Will it build goodwill and better friendships? Will it be beneficial to all concerned? I chose the topic teamwork in sports. Teamwork is important because it builds friendships, trust, and benefits the performance of the team. When using the Four-Way Test it solves most people's problems if they are facing any.

Is it the truth is the most important thing to ask yourself when making a decision. When doing teamwork in sports the most important thing is to build your teamwork. Such as when I am playing softball we learn how to play as a team by building confidence and trust in each other. Also, we learn as a team to be leaders by calling out plays and successfully making the play that we called. On my softball team we work together to try to win each game by making good plays, hitting good, and cheering each other on no matter what. Building teamwork, leading each other, working together, and being truthful makes a team stronger to reach their goals of winning.

Being fair to all is one of the most important things coaches, players, and parents can do for a teams best interests. Everyone on the team should be given the same opportunities such as positions, playing time, and coaching instruction. No coach on any team should ever show favoritism that would hurt the feelings of other team members. I have never been put in a position to feel that my coach shows any favoritism. Parents, coaches, and players that put forth effort getting to practice, paying attention, and supporting one another is the greatest effort ever. If giving the same opportunities, no favoritism shown, and everyone puts forth effort this would be fair to all team members.

This is how I will build goodwill and better friendships when doing sports. The first thing I would do is meet new people on my softball team. Last spring, I met this new girl that I did not know and she ended up being very nice. Secondly, I would get to spend more time with friends that I already have from playing travel softball with the same girls for four years now. The third and final thing to build goodwill is to help others learn and improve. There is a new girl on my travel softball team, and we are teaching her a drill that we have been doing for a while. Building goodwill and better friendships is good for the mind set to play sports.

When doing sports, it is always good to be beneficial in helping the team. Participation in any extracurricular activity such as softball, volleyball, or anything team related is beneficial if everyone participates like they should. Coaches and parents that give compliments to players will build self-esteem and confidence in players to work

hard and want to do better. On my travel softball team, we set goals at practice such as finishing drills earlier than expected, and when we have tournaments the upcoming weekend our goal is to win as a team. Our motto is "One team, One family, One goal". Using all the ethics listed above is very beneficial for me and my team.

Being trustworthy, treating everyone the same, helping others will build good friendships, and everyone benefits from working together are all good parts of teamwork. It is truth that teamwork is a must. As a team works together being fair to all is a key point. Helping others will keep old friendships and build new ones. Anything is beneficial as long as effort is put into teamwork. In conclusion, I have learned in my last four years of playing travel softball that dedication, working together, helping others, meeting goals has made me a better person not only on the softball field, but in daily life.